

988

#suicideprevention

Call or text the new dialing code to connect with the **National Suicide Prevention Lifeline** - now available nationwide!

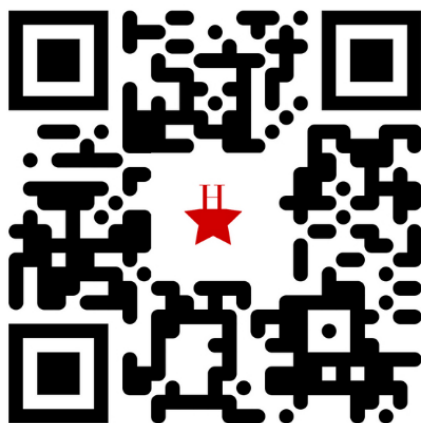
988 operators are **trained specifically** in supporting individuals in periods of **emotional distress**.

Both the old (1-800-273-8255) and new (988) numbers will connect callers to crisis services.

You are never alone.
Help is free, confidential, and always available.



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